

Minutes of 2nd TCAA Management Committee (MC) Meeting on Monday 28 November 2022 via Zoom.

NSW, VIC: 7:30pm - 9pm
QLD: 6:30pm - 8pm
SA: 7:00pm - 8:30pm
WA: 5:30pm - 7pm

Present:

Cyril Loa, Fang Qin, Ken Goh, Steve Heard, Anna Wonne, Chumei Yang, Robert Hall, Bruce Jin, Sam Ruan, Stephen Lin, Paige Olsen, and Luke Walker.

Apologies: James Gao and Lina He

AGENDA MINUTES

1 Welcome and Apologies.

Meeting commenced at 7:40pm and welcome notes by Cyril, the Chair.

2. Review and Approval of previous notes of meeting.

Decision: Minutes was approved by MC after proposed by Anna and seconded by Steve.

3. Quarterly Report from all State Vice-President Reps.

(i) NSW & ACT: Steve Heard- Report on Memberships (current members 87), upcoming Events and any relevant matters.

Note: In response to Lina's request for a larger hall to host TCAA events, Steve is to follow-up with Lina.

Action: Competition sub-committee to include Steve in preparation for next event in April 2023.

(ii) VIC & TCA: Anna Wonneberger Report on Memberships (current members 43), upcoming Events and any relevant matters.

Note: Due to Anna's impending departure from the TCAA, a new VIC candidate is to be recommended by Anna.

Action: Anna will talk with potential VIC candidates.

(iii) SA: Fang Qin- Report on Memberships (current numbers 30), upcoming Events and any relevant matters.

Note: SA TCAA participated at OzAsia festival and had a well-received Tai Chi for Relaxation and Happiness workshop to promote Tai Chi.

Action: There will be a Free Tai Chi at the park calling all tai chi schools/groups in SA to celebrate Chinese New Year in Jan 2023. Fang will organise it.

(iv) Qld/NT: Chunmei Yang- Report on Memberships (current numbers 19), upcoming Events and any relevant matters.

Note: Preparing an application for grant.

Action: Chunmei working with Anna in this regard for further action.

(v) WA: Robert Hall - Report on Memberships (current members 9), upcoming Events and any relevant matters.

Note: positive feedback from WA members about TCAA website.

Action: Robert will write an article about post-Covid Tai Chi interest by community following long periods of lockdowns in WA, in particular.

4. Report of Sub-Committees lead following 1st MC meeting.

(i) Competition Sub-Committee – Ken Goh (lead), Bruce Jin, and Stephen Lin

Action: Steve Heard to be formally included in the sub-committee. Ken's competition planning for April 2023 competition event was outlined and a report to be shared in around mid-January 2023.

(ii) Publication, website and social media Sub-Committee- Paige Olsen (lead), Cyril Loa, James Gao, Ken Goh and Quentin Li (webmaster).

Action: Paige submitted a detailed report on work completed and on-going. The ongoing work will include more State Reps and members' stories in the upcoming newsletters. The proposals are to make the newsletter more inclusive and engaging with members; and also to show members how to use online zoom procedure with links to TCAA website. Work in progress.

(iii) Health Sub-committee- Cyril Loa (lead).

Action: Cyril submitted a report outlining work completed and sought approval for sharing of research paper on falls prevention published in October 2022.

Decisions: **MC approved** the following in relation to the World Guidelines on falls prevention:

- (a) draft letter to Michael Kidd, Chair of Review of Natural Therapies relating to private insurance health rebates;
- (b) draft letter to 10 Academics in Australia involved in the publication of World Guidelines; and
- (c) Draft letter to relevant peak bodies and other stakeholders.

Action: If requested, Cyril is to tailor TCAA cover letter and work with State Reps to promote Tai Chi for Falls Prevention's paper.

(iv) Learning and Development (Seminars) Sub-Committee- James Gao (new Lead), Ken Goh, Fang Qin, Anna Wonne.

Note: Anna submitted a detailed report on work completed for the past year. OLS summary report prepared by Anna can be shared in the newsletter to engage with members and encourage them to participate. Anna suggested tai chi workshops/seminars can be delivered via online and in person with less frequency next year.

Action: All MCs and TCAA members who are teaching are to recommend good online seminar presenters. It is proposed to share feedback about the online seminar summary to TCAA members know via newsletters.

Action: All MCs are encouraged to recommend presenters. In order to reflect diversity in Tai chi styles, thus, it is proposed that Bruce Jin recommends a Sun style workshop in 2023.

Action: One OLS sub-committee member is to be recruited to replace Anna.

(v) Liaison and Exchange Sub-Committee- Lina He (lead), Sam Ruan, and Stephen Lin.

Note: Sam reported no progress due to China's covid-19 situation, in particular. Will investigate and pursue this matter further in the new year.

Action: To report progress at next MC meeting.

(vi) TCAA Uniforms- An update by Lina He.

Note: nil report due to Lina's absence.

5. Agenda on MC proposals:

(i) Cyril- Planning for celebration of 25th silver anniversary of TCAA in or around July 2024.

Discussion: All MCs are encouraged to send emails to Cyril to share any ideas and suggestions.

(iii) Fang & Chun Mei- Accreditation and Insurance for Instructors.

Discussion: Ken provided some information regarding KWA and TCAA's role in relation to Accreditation and Insurance matters.

Action: Ken proposes writing an article in relation to both subject matters so that members are informed and updated. Fang will send Ken AUSactive APSS (Adult Pre-exercise Screening System) as part of safe delivery of classes.

Ken encourages all MCs to share their current insurance information with him, so he can include in his article to benefit TCAA members.

6. Vacant Positions filled.

(i)- Secretary- Cyril congratulated Fang for taking up the position of TCAA national secretary.

(iii) Webmaster Manager- Cyril noted Quentin's role as the current Webmaster for TCAA website. Paige, James, Cyril and Quentin (with Ken to join) had an initial meeting to discuss ways to upgrade and give TCAA current website a facelift.

Action: work in progress.

(iv) Publication Manager- Cyril congratulated Paige as the TCAA publication manager.

(v) Victoria Representative and Weapon's Control Manager.

Note: as Anna is leaving in 2023, a replacement is needed for this role.

Action: Anna is working on it.

(vi) Funds Raising Manager- Explore and implement methods to raise funds for TCAA.

Note: Anna shared database and internet address regarding Grants availability and information. MCs noted Anna's experience in this area. She is willing to support States in this regard.

Action: At this stage, it is not clear who will take this role or whether Anna do it remotely?

7. Any other Business.

(i) Bruce Jin mentioned some competition mats for push-hands are damaged. Master Harvey Lee is happy to lend some mats to TCAA. As a good-will gesture, TCAA is to offer Master Lee a free 4-year membership if he is willing to accept.

Action: Bruce to give the offer on behalf of TCAA to Master Lee.

In long term, TCAA is to consider purchasing own mats.

(ii) Proposal to include Quentin Li at next MC meeting in February 2023

Action: James Gao is to contact Quentin. This will be an opportunity for him to meet everyone and know TCAA agenda in relation to website design etc.

(iii) Confirmation of next meeting on Monday 27 February 2023.

In the absence of any other agenda items, the meeting was terminated at about 9:20pm