



OPEN TAI CHI CHAMPIONSHIPS 2017

Open to all Tai Chi enthusiasts



**3th June 2017 (SATURDAY)
9.00am to 5.00pm**

**SYDNEY UNIVERSITY SPORTS & AQUATIC CENTRE
Darlington Road,
DARLINGTON, NSW 2008**

Registration Closing Date: 3rd May 2017 (WEDNESDAY)

Contact Information:

**Ken Goh
PO Box 984
SUTHERLAND, NSW 1499
Mobile: 0404 462 657
E-mail: gohkeny@gmail.com**

Tai Chi Association of Australia
OPEN TAI CHI CHAMPIONSHIPS - 3th June 2017 (SATURDAY)

Sports & Aquatic Centre, Sydney University, NSW

REGULATIONS

1. Registration Form

- a. Athlete registration is by completion and posting of the Registration Form at pages 8-13 of these Regulations.
- b. The completed Registration Form must be posted (if printed copy) or emailed (if scanned copy) by the closing date **3rd May 2017 (WEDNESDAY)**.

2. Qualification for Entry:

- a. Open to all Tai Chi enthusiasts.
- b. Each athlete must submit by the Closing Date the required Registration forms and pay the designated fees.
- c. Each athlete may register up to three (3) form events.
- d. An athlete may additionally register in the Push hands event if age will be between 18 and 55 years on **3th June 2017 (SATURDAY)**. Eligibility to participate in the Push hands event is conditional upon the athlete having attained (or previously attained) a grading of at least 7.8 in a Bare Hands Tai Chi form event.

3. Venue

- a. SYDNEY UNIVERSITY SPORTS & AQUATIC CENTRE, Darlington Road, DARLINGTON, NSW 2008.
- b. The forms (routines) competition will be performed on the hard wooden floor surface of the Venue.
- c. The push hands competition will be conducted on rubber mats.
- d. **Athletes must arrive at the Venue by 8.30 am** 3th June 2017 (SATURDAY) for confirmation of attendance.

Note: Athletes are advised to have warm clothing available as the Venue is not heated.

4. Events: The following types of events are available for participation:

- a. **"Standard Competition"**: The sequence is a standardized routine known by a specific name, recognized by the IWUF, and choreographed to fit within the time frame specified for it.
- b. **"Traditional"**: The sequence is non-standard, composed by the performer or by others. It must be only one of the major Tai Chi styles, ie Sun, Wu2(吳), Wu3/Hao, Yang, or Chen. It must display a variety of movements (ie must not be repetitive of a few moves, have at least two leg techniques and at least one punch). Performance time must fit within the time frame of more than 5 minutes and less than 6 minutes.
- c. **"Other"**: The style is not one of the five Tai Chi styles included in "Traditional" above. It must nevertheless be "taichi-like". All "Other" styles will be categorized as one style.
- d. **"Push Hands"**: The contest method will be according to a "Semi-Fixed Step" rule.

5. Athletes Divisions

- a. Gender. Division by gender applicable to both form and push hands are:
 - 1) male
 - 2) female.
- b. Age. (form events only)
 - 1) up to 14 years (Junior)
 - 2) 15 to 17 years (Youth)
 - 3) 18 to 45 years (Adult)
 - 4) 46 to 59 years (Mature)
 - 5) over 60 years (Senior).

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- c. Push hands:
- 1) Age Limitation. 18-55 (reached 18th birthday and not reached 56th birthday on **3th June 2017 (SATURDAY)** .
 - 2) Fitness. The athlete must be fit enough to compete without injury to him/herself given the rules of "Semi-fixed Step". The Referee reserves the right, before or during a bout, to require an athlete to withdraw from competition if s/he considers the athlete is at risk of injury due to weakness or injury; **absolutely no appeal permitted** and Push hands registration fee will be refunded.
 - 3) Weight. The weight divisions are:
 - a) below 50 kilograms
 - b) 51-60 kilograms
 - c) 61-70 kilograms
 - d) 71-80 kilograms
 - e) over 80 kilograms.
- d. If an event division has less than 3 contestants, the Organiser reserves the right to combine with other divisions to provide a valid competition.

6. Judging Rules:

a. Form Events.

- 1) Rules. The Championship will adopt the "Rules for International Taolu Competition" endorsed by the IWUF in 1999. These Rules can be obtained at http://www.kungfuwushuaaustralia.com/forms/IWUF_RulesReg99.pdf. In essence, the quality of performance is the main factor taken into consideration. In the "traditional" events, the quality of the sequence is also taken into account.
- 2) Appeals
 - a) Should an athlete believe a mistake has been made, the athlete may raise a hand immediately to gain the attention of the judges/referees or Head Judge.
 - b) The judges/referees will consult to determine if a mistake has been made and if so, make the correction.
 - c) The judges/referees decision or assessment on the spot will be final, and no further appeal is available.
 - d) An appeal after the event awards have been made will NOT be entertained.

b. Push hands.

- 1) Rules. The TCAA Push Hands Competition will be judged according to the "Semi-Fixed Step" Rules. The Rules and judging details are at Paragraph 11 below.
- 2) Appeals
 - a) Should an athlete believe a Disqualifying act has been performed by his/her opponent, the athlete may raise a hand immediately to gain the attention of the judges/referees or Head Judge.
 - b) The contest will be suspended, and the Head Judge with judges and referees will immediately refer to video footage and award a decision. If the Disqualification is upheld, the complainant shall be the winner. If the disqualification is not upheld, the complainant will be declared as having lost.

7. AWARDS

a. Forms (Taolu) Events

- 1) 1st Prize (Gold medal).
- 2) 2nd Prize (Silver medal).
- 3) 3rd Prize (Bronze medal).

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(Note: If event has less than 3 contestants, only one prize will be awarded to the highest scoring contestant. The level of prize will be according to the grade attained: 8.5+ 1st Prize; 8.3+ 2nd Prize; 7.8+ 3rd Prize.)

b. Push Hands:

- 1) 1st Prize (Gold medal).
- 2) 2nd Prize (Silver medal).

c. Overall Competition Champion:

- 1) Male (Dragon Trophy and Gold medal).
- 2) Female (Phoenix Trophy and Gold medal).

(NOTE: Available only to athletes registered for three events, of which one must be a Jian event. Only Standard Competition events and Traditional events indicated by "OC" in the Registration Form are considered. Award is based on total points for the three events. "Other" events and Push hands are not considered for this award.

8. Registration Fees:

- a. 1st event \$30
- b. 2nd event \$20
- c. 3rd event \$15
- d. Push Hands \$30
- e. Group event \$30

9. Registration

- a. Directions for registrations are in the Registration form at the end of these Rules.
- b. Closing date for registration is 3rd May 2017 (WEDNESDAY). Late entries may not be able to be scheduled in time for the day of the Championship.
- c. Refund for withdrawal or "no show" by an athlete from an event will not be given except due to cancellation of events by the Organiser or reassignment into a division unacceptable to the athlete.

10. Athlete Costume, Uniform and Foot Wear for Forms and Push Hands

- a. **Costume**. Wear appropriate Tai Chi/Kung Fu Costume, however no distinguishing name and/or logo of any school and/or organization will be permitted. Penalty will be one (1) full point deducted from final score by Head Judge.
- b. **Footwear**. Martial arts style athletic or any rubber-soled sports shoes or sneakers must be worn. Performance with bare feet is not permitted.
- c. **Protective Wear**. Push Hands athletes shall avoid wearing tops made of valuable or easily damaged material. Athletes should supply their own protective equipment that they feel is necessary, e.g. groin, eye and mouth protector.

11. TCAA PUSH HANDS CONTEST RULES

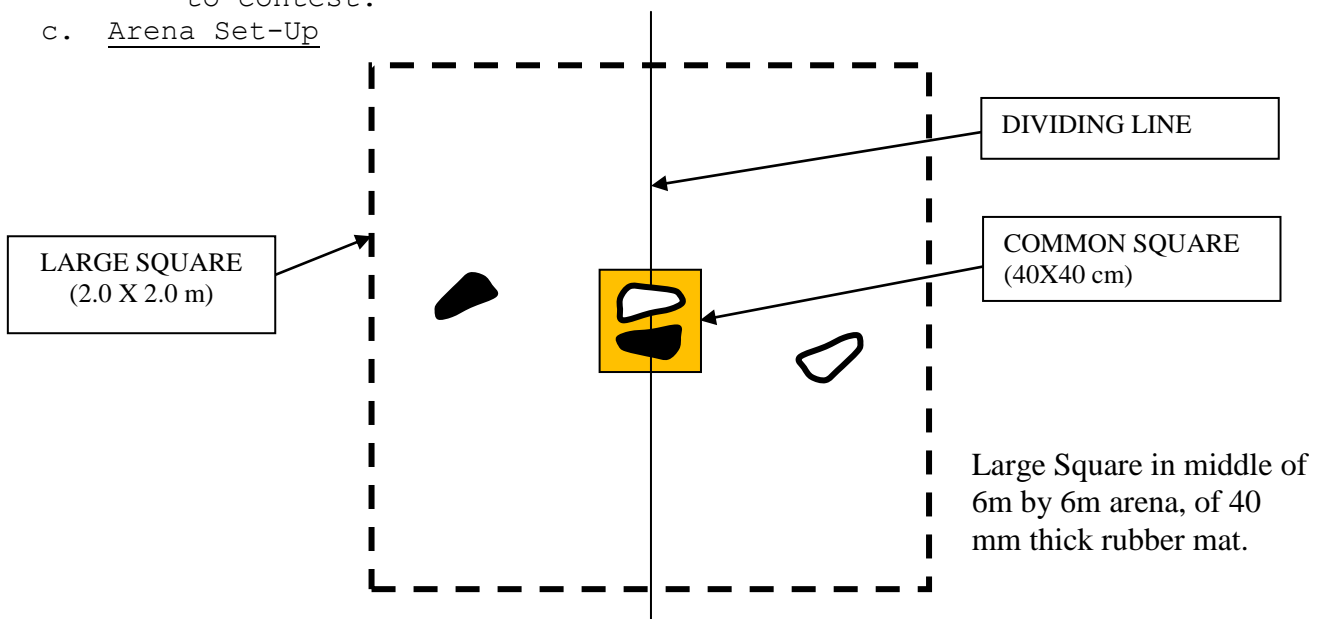
a. **General**.

- 1) The TCAA Push Hands Competition will be a "Semi-Fixed Step" event.
- 2) Push Hands contests within a division will be by single elimination. The Organisers will pair off the opponents for each contest.
- 3) A contest will consist of a series of bouts. A bout is completed when any point is scored or lost.
- 4) These Rules for Push Hands have been designed to maximize realism without compromise on safety. These Rules are applicable to this TCAA Competition only.

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- 5) The judging panel shall comprise of two Referees (one Chief and one Assistant) and two lines judges.
- b. Principles of Contest
- 1) Objective. A contestant must, using legal hand contact on legal target areas of the opponent's body, force the opponent into a fault, whereupon points are gained according with paragraph 11.g: *Scoring Points*.
 - 2) Legal Hand Contact. Only palms and forearms are permitted for placement on the opponent's legal target areas to control the opponent. Attacks may be made only by palms or forearms already in contact on legal areas of opponent.
 - 3) Legal target areas. Palms and forearms may only contact with the opponent on their arms, and the torso below the base of the neck but above the bladder and the coccyx.
 - 4) Illegal Techniques.
 - a) No striking, defined as contacting with impact.
 - b) No shoulder impact strike.
 - c) No fists shall be formed during the contest.
 - d) No use of point of elbow.
 - e) No attack without prior contact.
 - f) No attack with palm from finger contact only. (Deemed a strike.)
 - g) No forcing of joints (Chin Na).
 - h) No locking of opponent's knee.
 - i) No foot sweeps.
 - 5) Winning. The contest ends when the score of **11** points is gained by a contestant who will be declared the winner.
 - 6) Time Limit. After an elapsed time of 10 minutes, the Referee may call a halt and declare the contestant with the most points the winner.
 - 7) Withdrawal: A contestant who withdraws for reasons not caused by an illegal move by the opponent loses the contest.
 - 8) Injury. The contestant shall be awarded winner if s/he is injured due to the opponent's illegal move and as a result cannot continue to contest.

c. Arena Set-Up



NOTE: A You-Tube video is available to familiarize with the rules:
<https://www.youtube.com/watch?v=xHUwPNX0wNQ>.

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- d. Starting Position.
- 1) The front foot is placed adjacent to the opponent's within a common central square of 40 cm size (outer edge).
 - 2) The back foot is placed backwards but must remain within own side of the large square.
 - 3) The forward hands shall be contact in crossed X position vertically above the centre of the common square, with hands at shoulder level.
 - 4) After every bout, the front foot will change to the alternate foot.
- e. Start.
- 1) There will be no preliminary non-attacking movement under these TCAA Rules.
 - 2) Upon the order "Start" by the Referee, the contestants may attempt to unbalance each other to gain points with legal moves as provided for in paragraph 11.g: *Scoring Points*.
- f. Stop.
- 1) At command "stop", STOP and FREEZE movement; Referee will direct the disengagement.
 - 2) Any movement after the command "stop" that is deemed potentially dangerous may result in disqualification.
- g. Scoring Points
- 1) 1 point:
 - a) The opponent withdraws or pulls back or away in such a way as to disengage both hands contact.
 - b) The opponent moves or is forced to move such that his/her front foot is outside of the 40 cm square (outer edge of the lines).
 - c) The opponent moves or is forced to move such that his/her back foot is outside of the own-side large square (outer edge of the lines).
 - 2) 3 points: The opponent falls (a part of the body other than sole touches the ground).
 - 3) 5 points: The opponent is thrown or forced to move such that both feet go outside of his/her side of large square.
 - 4) NO points: If immediately after causing the opponent to fault, you also fault, whether due to your own imbalance/momentum or caused by the opponent's legal moves before his/her fault, NO point is gained or lost by either contestants.
- h. Penalties
- 1) Loss of 1 point:
 - a) "Hugging" (arms around opponent), or "hanging on" the opponent for longer than 2 seconds.
 - b) Clutching the opponent's clothes
 - c) Clutching the opponent's hand for longer than 2 seconds.
 - d) Avoiding engagement. Upon first avoidance, a warning will be given requiring the athlete to make the attacking initiative. If avoidance is continued, loss of point.
 - e) Attacking before the referee starts the bout.
 - f) Attacking after the referee stops the bout.
 - g) Receiving coaching during the contest.
 - 2) Disqualification: A contestant may be disqualified for any one serious violation as listed under "Disqualification" in the Push hands Registration Form on page 10.

NOTE: Nothing in these Rules may be construed to limit a case of battery and/or damages to be brought against an athlete who willfully acts with serious violations causing injury. Video footage will be made available in any such eventuality.

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i. Appeals

- 1) See Judging Rules 6.a.2)

12. Unacceptable Behaviour

- a. The TCAA being an Associate Member of the KWA will abide by the Zero Tolerance Policy towards unsportsmanlike, disruptive and unprofessional behavior as per the KWA policy.
- b. Athletes will be immediately disqualified from the event for conduct which the Head Judge of that event considers to be unsportsmanlike, disruptive or unprofessional. This conduct may include, but not be limited to cheating, dishonesty, failing to comply with the reasonable directions of an official, jeering, interference with the activities of competition officials, publicly criticizing judges' decisions outside the appeals process laid down in this document and any other form of behaviour likely to bring the sport into disrepute.
- c. In the event of a complaint about the conduct of an athlete, the Head Judge must be notified as soon as possible of the incident. It is the Head Judge's responsibility to advise the athlete on the spot, that he/she will be disqualified.
- d. Other persons present at the Venue may be expelled from the Venue for conduct which the Organiser and/or Head Judge finds unacceptable.

13. Flash Photography

- a. During an event, NO flash or artificial lighting from any equipment of a spectator or athlete is permitted. Any offender will be immediately removed from the Championship venue.
- b. During the prize giving, taking photographs with flash is permissible.

14. Entrance for Spectators

- a. There will be no fee charged on spectators.
- b. Spectators will be required to comply with rules pertaining to Unacceptable Behaviour and Flash photography

15. Enquiries

- a. All enquiries directed to Ken Goh, Championship Organiser, Mobile 0404 462 657, or E-mail: gohkeny@gmail.com.

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REGISTRATION FORM

Entry Closing Date: 3rd May 2017 (WEDNESDAY).

Late entries will not be accepted.

PARTICIPANT DETAILS

Surname/Family Name: _____	Given Name: _____
Address: _____ _____ _____	
Tel: Land: ()	Mob: 04
E-mail: _____	@
I hereby: a. Apply to participate in the events as selected below. b. Declare that I have read, understood and agree to abide by the Regulations of the TCAA Open Tai Chi Championship 2017 governing: * conduct of the events, * "Unacceptable Behaviour". c. I understand I must arrive by 8.30am at the Venue for confirmation and briefing. d. My date of birth is: year _____, month_____, day _____.	
Signature: _____	
Date: _____	

(FILL UP REGISTRATION FORMS, AGREEMENTS AND WAIVERS FOLLOWING.)

Note: The Venue is not heated in winter. Athletes and supporters are advised to have warm clothing available.

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TAI CHI TAO LU REGISTRATION FORM

TAI CHI TAO LU REGISTRATION

Event Select (X) maximum of THREE (3) INDIVIDUAL events	OC*	Gender (Select)	Age (select ONE)
BARE HANDS (QUAN)			
1. Group Event (see Note %) 4-6 mins Write your GROUP NAME here: (Group size: 4-10)	()		
2. Tai Chi 24 Forms 4-5 mins	()		
3. Standard Competition Forms			
Combined 42 5-6 mins	()		OC
Yang 40 5-6 mins	()		OC
Chen 56 5-6 mins	()		OC
Sun 73 5-6 mins	()		OC
Wu2 (Family) 45 5-6 mins	()		OC
Wu3/Hao (Martial) 46 5-6 mins	()		OC
4. Traditional			
Yang Family Style Traditional 5-6 mins	()		OC
Wu2 Family style Traditional 5-6 mins	()		OC
Wu3 (martial) style Traditional 5-6 mins	()	() Female	OC
Sun style Traditional 5-6 mins	()		OC
Chen styles Traditional 5-6 mins	()	() Male	OC
5. Other "internal" style			
(Specify style: 5-6 mins	()		
5-6 mins	()		
WEAPONS (JIAN and Others)			
5. Jian Standard Competition			
Jian 42 Competition 3-4 mins	()		OC
Jian 32 Competition 3-4 mins	()		OC
6. Jian, Traditional			
(Specify style: 3-4 mins	()		OC
3-4 mins	()		OC
7. Other Apparatus			
(Specify style: 1-4 mins	()		
1-4 mins	()		

() up to 14
() 15 to 17
() 18 to 45
() 46 to 59
() 60 & over

* "OC" indicates this event is considered for Overall Competition Champion award.

‡ Group Event registration by Team Leader only. Gender and age not relevant.

Eligibility for Overall Competition Champion: Must have three events from "Standard Competition" and "Traditional", one of which must be a Jian.

Timing: Performing time commences for both performers on the Arena begins as soon as the performer in front begins to move. (The Head Judge may opt to ring a bell to begin.) Performance time ends for a performer when the "closing form" is completed.

Warning Bell: A bell will sound when the minimum time is reached. No bell for when the maximum time limit is passed.

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TAI CHI PUSH HANDS REGISTRATION FORM

Conditions:

- a. Push hands event is available only to athletes who will be within 18 to 55 years old on **3th June 2017 (SATURDAY)**.
- b. Participation in Push Hands is conditional upon the athlete attaining at least 7.8+ points in at least one Bare Hands form event at this or previous TCAA Competition.
- c. The Referee reserves the right to conduct a weigh-in and transfer on the spot, and to make a fit-to-contest evaluation that may result in a required withdrawal.
- d. If any weight/gender division has less than 3 registered athletes, the Organiser reserves the right to transfer the athletes into the next HIGHER weight/gender division. An athlete so transferred may opt to withdraw, with Push hands fee refunded.
- e. No athlete under 80 kg may be transferred into the "over 80 kg" division

Event	Gender	Weight (kg) (Select ONE)					Attained Bare hands event 7.8+ previous year
		50 or less	51-60	61-70	71-80	Over 80	
Semi-Fixed Step	<input type="checkbox"/> Female <input type="checkbox"/> Male						Yes: Year _____ No: Registered this year.

SPECIAL PUSH HANDS AGREEMENT

Push hands is potentially dangerous. I agree with and shall comply with these rules:

- a. Legal Hand Contact. Only palms and forearms are permitted for placement on the opponent's legal target areas to control the opponent. Attacks may be made only by palms or forearms already in contact on legal areas of opponent.
- b. Legal target areas. Palms and forearms may only contact with the opponent on their arms, and the torso below the base of the neck but above the bladder and the coccyx.
- c. Illegal Techniques.
 - 1) No striking, defined as contacting with impact.
 - 2) No shoulder impact strike.
 - 3) No fists shall be formed during the contest.
 - 4) No use of point of elbow.
 - 5) No attack without prior contact.
 - 6) No attack with palm from finger contact only. (Deemed a strike.)
 - 7) No forcing of joints (Chin Na).
 - 8) No locking of opponent's knee.
 - 9) No foot sweeps.
- d. Disqualification: Disqualification for any one of the following serious violations as deemed by the Referee(s):
 - 1) Any Illegal Technique performed.
 - 2) Attacking any part of body excluded in the Target Area, eg pulling hair or beard, striking pressure points, attacking groin area or gripping the throat etc.
 - 3) Being rude to the Referee(s), another athlete or not following instructions of the Referee(s).
 - 4) Any movement after the command "stop" that is deemed potentially dangerous by the Referee(s) may result in disqualification.

NOTE: The Referee, in consultation with judges, may not consider an act as a disqualifying act if it is caused by the opponent.

I, the Applicant, have read or have had read to me the above conditions and have understood and agree with the same. I accept that in addition to DISQUALIFICATION, a charge of BATTERY and/or DAMAGES may be brought against me should I willfully act with serious violations causing injury.

Signed (Applicant)

this (date) day of (month) 2017

In the presence of

(witness name)

.....

(signature of witness)

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REGISTRATION FEES PAYMENT

REGISTRATION FEES

1st event \$30 _____
2nd event \$20 _____
3rd event \$15 _____
Push Hands \$30 _____
Group Event \$30 _____

Total Amount: \$ _____

Refund for withdrawal or "no show" by an athlete from an event will not be given except due to "no fault of the athlete".

PAYMENT OF FEES

- a. Payment may be by Cheque/Money Order or Direct Transfer. **Cash will NOT be accepted.**
- b. Payment or proof of payment of the fee total must be submitted with this entry form.

Cheque/Money Order should be made payable to:
Tai Chi Association of Australia.

Direct Transfers should be made into:

Name : **Tai Chi Association**
BSB : **062-196** AC No: **10604158** (*make sure this is exactly right*)
Description on recipient's statement:
"Comp" and "your FamilyName & Initial"
eg: **"CompMASTERS K"**

Important: Print a copy of the receipt while making direct transfer payment and attach to the Registration Form.

SIGNED AGREEMENT/WAIVER

- a. Sign the SPECIAL PUSH HANDS AGREEMENT (page 10) if registered for Push Hands, with Witness.
- b. Sign the GENERAL WAIVER form (pages 12 & 13) with Witness.

DESPATCH: Send (1) Pages 8-13: Registration,
(2) Attach Payment (cheque/money order) or Proof of Payment:

to: **TCAA Open Tai Chi Championship,
P.O. Box 984, SUTHERLAND,
NSW 1499, Australia**

OR, if paid by DIRECT TRANSFER:

Email scanned forms and proof of payment to:

gohkeny@gmail.com

GENERAL WAIVER

**Participating in a Martial Arts Tournament is Dangerous
and can cause serious injuries.**

1. COMPETITOR DETAILS:

Family/Last Name:

Given Name:

Address:

State: Post Code: Country:

2. HEALTH DECLARATION:

Are you prescribed drugs which may impair reaction time or judgment?

YES / NO (please circle)
If Yes, what drugs

Have you suffered any incapacity requiring medical attention in the past 12 months?

YES / NO (please circle)
If Yes, give details

Name and identify any physical impairments, injuries or medical condition that currently affects you:

.....

Are you aware of any health problems that you have that, in the interest of your safety, the TCAA should be advised of?

YES / NO (please circle)
If Yes, give details

3. TAI CHI TRAINING HISTORY

Style 1: Number of years studied:

Name of your Instructor(s):

Style 2: Number of years studied:

Name of your Instructor(s):

4. EXCLUSION OF APPLICANT

Have you ever been excluded from Martial Arts in the past by a medical practitioner or refused participation in a Martial Arts club or Competition/Event/Contest?

YES / NO (please circle)
If Yes, give details

5. WAIVER AND INDEMNITY

In all other cases and except where inconsistent with the Laws of Australia, the Applicant for him/herself, his/her executors, administrators, dependents and other personal representatives, hereby absolves and indemnifies to the extent provide by Law the PROVIDERS (see Schedule 1) and all their servants, agents, employees and other persons under the PROVIDERS control (the "Indemnified") from all liability howsoever arising for injury or damage (including but not limited to the Applicants' person), whether fatal or otherwise, property and personal belongings) however caused including by the negligence of the Indemnified, arising out of or participating in Martial Arts or in connection with Martial Arts or in anyway caused by, or arising out of, any activity carried on by the Indemnified.

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GENERAL WAIVER

I, the Applicant, have been advised and understand that the practice of Martial Arts is potentially dangerous.

I, the Applicant, agree to occupy and use the premises that the Tai Chi Association of Australia (TCAA) leased at risk to myself and release to full extent permitted by Law the TCAA, and its agents, servants, contractors and employees and volunteers from all claims and demands of every kind resulting from any accident or damage to property or injury or death to myself while participating in a martial arts competition/event/contest conducted by the TCAA.

6. MARTIAL ARTS DONE AT APPLICANTS OWN RISK

Any person participating at any martial arts contest/event/competition organized for TCAA are only allowed to do so on the distinct understanding that they do so entirely at their own risk.

7. PERSONAL PROPERTY

I accept that neither the TCAA nor its agents or employees shall be responsible for any loss or damage to such personal property or equipment that I may bring to the competition/event/contest.

8. USE OF IMAGES

I hereby grant my consent for any photographic or video image of my performance to be used by the TCAA or any entity that the TCAA so authorizes. I agree that I will make no claim for the use of my image and/or performance.

9. STATEMENT OF UNDERSTANDING

I, the Applicant have read or have had read to me the above conditions and have understood the same, I consent to the activities proposed.

Signed (*Applicant*)

this (*date*) **day of** (*month*)20.....

In the presence of (*witness name*)

(*signature of witness*)

(*This application must be further signed by a guardian if the Applicant is under the age of 18.*)

GUARDIAN'S CONSENT: (for all persons under 18 years)

I hereby certify and decree that all the information contained in the declarations above is true and accurate.

Signature.....

Relationship to Applicant.....

Address in full

SCHEDULE 1. In addition to the Tai Chi Association of Australia, the providers in respect of this agreement include:

- (a) The Management, staff and owners of Sports & Aquatic Centre, Sydney University.
- (b) All State and Territory branches of the TCAA.
- (c) All TCAA staff, officials and volunteers, including but not limited to: TCAA Championship Committee.