

# Minutes of the 2<sup>ND</sup> Management Committee meeting on 13 Dec 2021 7:30pm - 9pm:

Attendance:

Cyril; Ken; Steve; Anna, Fang, Rob WA, Sam, Luke, Bruce Jin, Paige Olsen, Stephen Lin, ChunMei. Apologies: Amy Lee, Miciah Guglielmi, Lina He, James Gao Required Quorum: 3; Met.

### AGENDA

- 1. Review of last meeting minutes (attached) for completion of actions arising (if any). Action: All.
- Proposal for Anna Wonne (Victoria Rep) as the Victoria Weapons Exemption Manager.
   Prop: Ken Goh
- 3. Report on progress of On-Line Seminar series. Action: Anna
- 4. Report of progress of TCAA Competition preparations. Action: Ken
- 5. Present Terms of Reference Health SubCom. Action: Cyril
- 6. Present for information, Letter/email to Diabetes Australia. Action Cyril
- 7. Any other business a. State Reps to be known as "State Presidents", as per Constitution.

# 1. Review of last meeting minutes

- MINUTES OF 13 DECEMBER 2021 1. Welcome note – James
  - Completed. Accepted 2MC Meet
  - Brief self-introduction of the Management Committee members (1-2min per person) All members Completed. Seq James Gao; Cyril; Ken; Steve; Anna, Fang, SnowWA, Sam, Luke, Lina, Bruce. Introduce Chun Mei: Accepted 2MC Meet
  - TCAA Meeting procedure Ken Read out.
     Accepted 2MC Meet
  - Intro of TCAA Management Committee and Subcommittee structure and process James Completed Accepted 2MC Meet
  - 5. Confirmation of Subcommittee Lead: <u>Health – Cyril</u> Have been doing a few years. Oldies been attracted to TC to exercise and falls prevention. Prop: James, Sec Steve. Carried Unaimously Terms of Reference will be tabled today. Accepted 2MC Meet
    - <u>Publication James</u> Remain as caretaker lead. Prop: Ken Second: Bruce. Request will be out for a permanent lead. And volunteers called for other roles. Suggestion: Newsletter may be state orientated. Style orientated. Accepted 2MC Meet

<u>Competition – Ken</u> Competition currently, reserved for 23 April 2022 We're quite sceptical about physical competition, not having the money like the Olympics to prevent spread of Covid. We shall now seriously plan to have on-line grading to recognise advanced practitioner for "forms" Push hands will be more difficult for on-line. Will be discussing with members Prop: James, Rob. Unanimous. Situation Report later today Accepted 2MC Meet

<u>Membership Mgr</u> – James Prop Ken. Sec: Steve: Unanimous Accepted 2MC Meet

Online Seminars Mgm (OSM) – James Prop: Bruce Sec: Anna; Unanimous Member: Steve, Fang Qin, Amy, Ken Situation Report later today Accepted 2MC Meet

- Appointment of QLD Rep Nominations: Chen Mei; Dennis. Vote:Chen Mei Unanimous. Accepted 2MC Meet
- Approval of OSM Guidelines Proposed: Ken; Secnd: Lina. Unanimous Accepted 2MC Meet
- Any other business
   Introduction of Paige Olsen.
   Intro Anna grants application ideas.
   State Rep and others are recmd to register with Anna to receive info from Anna.
   Accepted 2MC Meet

Meeting Closed 9.26pm Accepted 2MC Meet

 Proposal for Anna Wonne (Victoria Rep) as the Victoria Weapons Exemption Manager.
 2MC Prop: Ken Goh Secndr: Cyril Resolution: Carried
 Action: Ken Goh to handover detailed procedures, templates, and list of approved exemptions.

 Report on progress of On-Line Seminar series. Action: Anna
 Seminars already delivered in 2021 Saturday 2.30-4pm, are: OLS01: 30 October: "Essentials on Gong & Jin Training" by Phil Brown OLS02: 27 November "In-depth analysis of Wang Zhongyue's Taijiquan Treatise" by James Gao OLS03: 4 December "Teaching Tai Chi effectively & Teaching Tai Chi Online" by Ric Bolzan.
 4th seminar due on 18 Dec 2021: "Desperately Seeking Soong" by Ken Goh.

#### Survey/Feedback outcomes so far show:

- a. Overall event rating: mainly Excellent, or Very Good.
- b. Audience appreciated knowledge, experience, relevance of content, clarity of information, explanations.
- c. The audience kept interested mainly 100% of the time.
- d. Participants have learned/confirmed important aspects 100% mainly, & 75 %
- e. Seminars' content & outcomes are considered applicable: mainly 100%
- f. <u>Suggestions for quality</u>: quality of support provided before the event & of PowerPoint presentation do matter. Feedback have been positive. Suggestion: TCAA banner should be showed.

- g. <u>Future seminars suggestions</u>: breathing, insubstantial/transfer of weight, how qi flows/how qi is being used, breathing when practicing Taichi, fundamental principles...
- h. <u>Expectations</u>: access to recording of seminar, & seminars delivery to continue.

# Next Year 2022 seminars planned:

29 Jan (To be advised, waiting for some details)

26 Feb (Ba Duan Jin and Chinese Medicine' by Lina He).

&:"Opening & closing" by Paul Parramore; "Move with the breath/Developing Dan tian";...

## Seminar Hosting Procedure.

After hosting the past three online seminars, James has summarised task list from his experience for other members to take it on in future seminars.

**Meeting request**: Review presentation time/day:

Considering all time zones, eg VIC/NSW, QLD, WA, SA & days, esp with WA being 2 hours behind NSW. Action: OLS SubCom conduct Survey to determine most popular days and time slots.

- 4. Report of progress of TCAA Competition preparations. Action: Ken
- a. Now seeking confirmation of rules with Sydney Uni Sport & Aquatic Centre (SUSAC) with regards to trigger points and procedure if NSW Govt disallows use of Hall on Sat 23<sup>rd</sup> April 2022. If deferment, to be on Sat or Sun. (Note: SUSAC has since 14 Dec agreed to this rule.)
- b. Intend to send out an early notification to all TCAA members and all past participants to:
  - 1) Confirm intention to hold on Sat 23<sup>rd</sup> April 2022.
  - 2) Registrations will be invited in early February 2022.
  - 3) Events Schedule will be prepared by 4<sup>th</sup> April 2022

4) Rego fees will be collected a few days before the event (if Covid restrictions forces cancellation or deferment, less complication arising from refunds. Action: Ken Goh to implement b.

- 5. Present Terms of Reference Health SubCom. Action: Cyril Presented Terms of Reference:
   Propose Accept: Ken Goh Second: Sam Resolution: Accepted.
   Action: Propose Health SubCom (Anna & Paige Sam, Cyril) to investigate opportunities for collaboration with other orgs, esp overseas.
- 6. Present for information, Letter/email to Diabetes Australia. Action: Cyril Presented Covering letter & Research Review for National release.
   Propose: Rob Second: Ken Resolution: Accepted.
   Request: Provide State Template and guidance for State Presidents release. Action: Cyril.
- 7. Any other business –

a. State Reps to be known as "State Presidents", as per Constitution.
 Propose Accept: Ken Second: Luke
 Resolution: Accepted.
 Action: Signature blocks of communication sent by State Presidents to have this "address".

Meeting closed: 2100